

SUMMER SPORTS CAMP 2026

JERSEY COASTAL ACADEMY

TOGETHER WE RISE LIKE THE TIDE!



**JERSEY COASTAL
ACADEMY**

**REGISTER
NOW!**

**REGISTRATION
BEGINS MARCH
8TH AT 8:00 AM**



SCAN ME

"Where Community Comes to Play."

JERSEY COASTAL ACADEMY | JerseyCoastalAcademy.com



Basketball

Improve your basketball skills both as an individual and team player. Develop skills such as dribbling, passing, and shooting. Learn strategies and rules of the sport while engaging in drills. Individual competitions and drills such as one-on-one, three-on-three, spot-shooting and foul shooting will increase both offensive and defensive skills. All participants will be separated into small groups according to their age and ability. No experience necessary.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs
August 10th- August 13th
Entering 2nd-8th Grade



Cheerleading



Concentrate on skills necessary to cheer at the junior high and high school level. Counselors will focus on the proper technique used in all aspects of cheer including jumps, motion technique, and stunting. All levels from beginners to advanced will be accommodated. Thursday, June 27th include date there will be a competition ceremony held at 11:30 AM. All parents and guardians are welcome to attend. Dismissal of the camp will be after the ceremony. Instruction will be provided by Coach Christine who is one of the top All-Star cheer coaches in the NATION!

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Monday-Thursday
August 24th-August 27th
Entering K-8th Grade

SUMMER CAMP



Lacrosse

Improve your lacrosse skills both as an individual and team player. Campers will work on their individual stick skills, learn team concepts and positional training, and scrimmage daily. Please have Lacrosse stick; balls will be provided.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs (rain date on Friday 7/24)
July 20th- July 23th
Entering 1st-8th Grade

Wrestling

Join us this summer at Memorial School in Union Beach, NJ, for an action-packed wrestling camp focused on skill development, confidence, and competition!

Led by Jersey Coastal Academy and the dedicated Coaches of Memorial School, this camp is designed to sharpen technique, improve conditioning, and build strong fundamentals in a fun and supportive environment. Athletes will work on stance, takedowns, escapes, mat awareness, and live situational drills, all while building discipline and teamwork.

Perfect for wrestlers of all levels looking to grow their skills and love for the sport.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Monday-Thursday
August 3rd- August 6th
Entering K-8th Grade

Football

Get ready to learn basic football fundamentals and techniques! Campers will be coached in offensive, defensive and special team skills as well as speed and agility techniques. A well-rounded curriculum will provide opportunities for participants with a variety of positions and skills. No experience necessary.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs (rain date on Friday 7/24)
July 20th- July 23rd
Entering K-8th Grade

Baseball

Have fun while learning the rules and fundamental skills of America's pastime in this noncompetitive camp. Our experienced instructors will use age-appropriate drills and games to teach the basics, including hitting, fielding, throwing, base running, and rules of the game.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs (rain date on Friday 7/17)
July 27th- July 30th
Entering 1st-8th Grade



SUMMER CAMP



Softball

Enhance your softball skills both as an individual and team player. Through an emphasis on fundamentals, athletes sharpen their techniques in throwing, catching, hitting, and base running. Learn strategies and rules of the sport while engaging in drills. Athletes will be grouped according to age and experience. Instruction provided by Memorial Softball Coach.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs (rain date on Friday 7/17)
July 27th- July 30th
Entering 1st-8th Grade



Field Hockey

Learn the basic field hockey fundamentals such as dribbling, passing, shooting, driving, positioning and communication. Players will learn the strategies and rules of the sport while engaging in drills and game situations. Both offensive and defensive skills will be enhanced by full sided competitions played on a fast-paced surface. Players will also gain confidence and strength in all aspects of the game. Sticks and balls will be provided if needed. Please bring shin guards and a mouth guard. No experience necessary.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs (rain date on Friday 7/17)
July 13th- July 16th
Entering 3rd-8th Grade

Co-Ed Soccer

Learn fundamentals such as passing, receiving, heading, dribbling and shooting. Players will learn the strategies and rules of the sport while engaging in drills and game situations. Both offensive and defensive skills will be enhanced by four-on-four games as well as full sided competitions. All equipment must be supplied by the participant. No experience necessary.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, Union Beach
Mon-Thurs (rain date on Friday 7/17)
July 13th- July 16th
Entering K-8th Grade



SUMMER CAMP



Volleyball

Hit the court at Memorial School in Union Beach, NJ for a volleyball camp designed to improve skills, teamwork, and on-court awareness. Focus on passing, serving, setting, hitting, blocking, and defensive positioning. Players will participate in drills, scrimmages, and game-like situations to enhance reaction time, communication, and overall performance. Ideal for athletes of all levels who want to sharpen their skills, build confidence, and elevate their volleyball game.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, UB
Monday-Thursday
August 17th- August 20th
Entering 4th-8th Grade

Multi Sport

Our Weekly Multi-Sport Camp gives kids the chance to experience a different sport each day in a fun, active, and supportive environment. Campers will rotate through football, soccer, baseball, basketball, and volleyball, learning the fundamentals of each sport while building teamwork, confidence, and athletic skills. This camp is perfect for young athletes who enjoy variety, staying active, and trying new sports while making friends and having fun all week long.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, UB
Monday-Thursday (Rain date Fri 7/10)
July 6th- July 9th
Entering K-8th Grade

Track/XC

Our Track & Cross Country Camp introduces athletes to the fundamentals of running, conditioning, and overall fitness in a fun and encouraging environment. Campers will learn proper running techniques, pacing strategies, and endurance training while participating in sprints, distance runs, relays, and agility drills. This camp is perfect for athletes looking to improve their speed, stamina, and confidence while staying active and enjoying the sport of running.

4 Sessions; \$150.00 Per Participant
Location: Memorial School, UB
Monday-Thursday
July 20th-July 23rd (Rain date Fri 7/24)
Entering K-8th Grade

